

**AROOSTOOK OPIOID TASK FORCE**

**Thursday, October 02, 2025 10:00 am**

**Administrative Hearing Room - Caribou Court House and Zoom**

**Meeting ID: 826 5957 2369**  
**Passcode: 783854**

1. Call to order.
2. Review of minutes from August 19, 2025.
3. MOSS – reporting requirements.
4. Update on current opioid funding recipients.
5. Review of received LOI's.
6. Other business.
7. Adjournment.

# MINUTES

Aroostook County Opioid Task Force  
August 19, 2025 - 10:00 AM  
Administrative Hearing Room – Caribou Courthouse

**Present:**

Erik Lamoreau, Co-Chair, Committee Member  
Peter Johnson, Sheriff, Co-Chair, Committee Member  
Ryan D. Pelletier, County Administrator  
Dana Gendreau, Finance Director – Zoom  
Christina Wall, Committee Member - Zoom  
Michael Greenlaw, Committee Member  
Amy Ward, Committee Member  
Dr. Samuela Manages, Committee Member - Zoom  
April Duffy, Policy & Treatment Recovery Coordinator  
Tammy Pelletier, Operations Assistant  
Megan Waceken, WAGM

1. Co-Chair Mr. Erik Lamoreau called the meeting to order at 11:02 AM.
2. Mr. Mike Greenlaw moved to approve the minutes of January 30, 2025, seconded by Amy Ward. Motion voted and passed.
3. Introductions of Committee Members, and new Policy & Treatment Recovery Coordinator; April Duffy.
4. Ms. April Duffy provided updates on current grant funding recipients as outlined below

Awardees	Total Awarded	Money Spent	Difference	% of award left
AMHC	\$50,000.00	\$19,400.47	-\$30,599.53	-61.20%
Michael's Active Recovery	\$75,000.00	\$11,716.37	-\$63,283.63	-84.38%
Mi'kmaq	\$50,000.00	\$4,979.46	-\$45,020.54	-90.04%
ACAP	\$75,000.00	\$0.00	-\$75,000.00	-100.00%
Northern Maine Wellness	\$50,000.00	\$47,488.00	-\$2,512.00	-5.02%
<b>Total</b>	<b>\$300,000.00</b>	<b>\$83,584.30</b>	<b>-\$216,415.70</b>	<b>-72.14%</b>

5. Mr. Ryan Pelletier provided an update on Aroostook County Drug Court. Legislation was passed in July 2025 to set up a Drug Court in Aroostook County. Funding will be made available July 2026. Sheriff Peter Johnson advised that a meeting would take place in the fall with stakeholders with further updates to follow.
6. Mr. Ryan Pelletier advised that there are 2 new Opioid Settlement Funds to be authorized by the Commissioners on August 20<sup>th</sup>. Funding amounts are unknown currently.

7. Mr. Ryan Pelletier opened the discussion to set up another round of funding. The committee agreed that the first round went well and that no changes need to be made to the LOI or Application. Mr. Erik Lamoreau indicated that he has heard in his conversations with awardees that they need more instruction on what needs to be submitted with their quarterly requests. Ms. April Duffy agreed and will be preparing an additional document to go out to awardees explaining the process in more detail.

Ms. Dana Gendreau provided the current Opioid Fund balance of approximately \$640,000. Her recommendation was to cap the second round of funding at no more than \$300,000.

The committee discussed what the new timeline should be for this round with the goal of having final applications approved by the Commissioners at the December 17<sup>th</sup> meeting. LOI's to be made available to the public by September 1<sup>st</sup>.

Mr. Ryan Pelletier advised they could also limit this round of awards to certain pillars. Last round there were no applicants for the Prevention pillar. The committee discussed that Prevention could have a cap of \$100,000 while the other 3 pillars would maintain a cap of \$75,000, with the total amount not to exceed \$300,000. Motion by Mike Greenlaw and seconded by Dr. Samuela Manages to approve the Prevention pillar cap of \$100,000, with all other pillars at \$75,000. Motion voted and passed.

8. No other business.
9. Sheriff Peter Johnson moved to adjourn at 11:07 am, seconded Mr. Mike Greenlaw. Motion voted and passed.

**Next meeting Aroostook County Opioid Task Force TBD**

# Opioid Settlement Fund

## Annual Reporting Outline

### Purpose of Annual Reporting:

To increase transparency around how Opioid Settlement Funds are spent and how spending decisions are made, the MOSS Center is introducing an annual reporting process. This will help keep communities informed, create opportunities for learning, and support local governments and subdivisions in meeting the reporting requirements outlined in LD 110.

Information for the annual report will be collected via an online survey, which will be sent out each January to subdivisions that received Opioid Settlement Funds. The survey asks about infrastructure, decision-making processes, tracking and evaluation methods, transparency efforts, and how the funds were used in the prior calendar year.

Though subdivisions are only required to report on their spending decisions, we **encourage everyone to complete as much of the survey as possible**. This will support a more comprehensive understanding of how funds are being used across the state, highlight promising practices, identify areas of potential collaboration, and ultimately strengthen collective efforts to address the opioid crisis through data-informed decision-making. Information shared in this survey will be shared on a dashboard on the MOSS Center website, [themosscenter.org](http://themosscenter.org).

### Support for Completing the Report

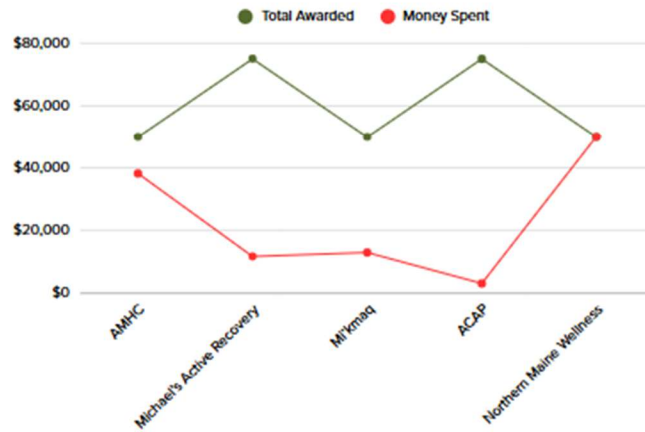
The MOSS Center will host webinars to walk subdivisions through completing and submitting their annual survey. We are also available for one-on-one support. Please reach out via email at [MOSSCenter@maine.edu](mailto:MOSSCenter@maine.edu).

## Information Collected in this Report:

- A. Required Questions that Fulfill LD 110
  - a. 2025 spending decisions
    - i. Project/purchase title(s)
    - ii. Amount of Opioid Settlement Funds spent
    - iii. Description of project/purchase, including purpose of the project, communities/populations served, and length of project funding
- B. Supplemental Questions
  - a. Subdivision Infrastructure
    - i. Who makes spending decisions
    - ii. Who supports decision makers
    - iii. If there is any formal ordinance or policy establishing this infrastructure
  - b. Information Gathering
    - i. Community engagement activities
    - ii. Data used to support spending decisions
  - c. Tracking and Evaluating Use of Funds
    - i. Monitoring use of funds and project goals
  - d. Transparency
    - i. Plans for sharing processes and spending decisions with the public
  - e. Successes and Challenges in 2025
- C. Retrospective Questions

This year, we will also give subdivisions an opportunity to share information about their 2022-2024 Opioid Settlement Fund planning processes and spending decisions. Subdivisions are not required to complete this portion of the survey. We will ask subdivisions about their infrastructure, information gathering processes, tracking and evaluation of funds, transparency practices, spending decisions, as well as successes and challenges.

# OPIOID SETTLEMENT FUNDS



Awardees	Total Awarded	Money Spent	Difference	% of award left	Summary	
AMHC	\$50,000.00	\$38,192.71	-\$11,807.29	-23.61%	Total Money Disbursed	\$116,017.35
Michael's Active Recovery	\$75,000.00	\$11,716.37	-\$63,283.63	-84.38%		
Mi'kmaq	\$50,000.00	\$12,984.40	-\$37,015.60	-74.03%		
ACAP	\$75,000.00	\$3,123.87	-\$71,876.13	-95.83%		
Northern Maine Wellness	\$50,000.00	\$50,000.00	\$0.00	0.00%		
<b>Total</b>	<b>\$300,000.00</b>	<b>\$116,017.35</b>	<b>-\$183,982.65</b>	<b>-61.33%</b>		

## Summary of Received LOI's

Applicant	Current Request	Category	Area	Prior Recipient	Prior Category	Prior Award	Award \$ Used
ACAP	\$75,000.00	Recovery	Workforce Development	Yes	Recovery	\$75,000.00	\$3,123.87
AMHC	\$75,000.00	Treatment	Recovery Services Expansion	Yes	Treatment	\$50,000.00	\$38,192.71
CARL	\$65,000.00	Recovery	Recovery Services Expansion	No	N/A	N/A	N/A
Homeless Services of Aroostook	\$140,220.00	Recovery/Treatment/Harm Reduction	Workforce Development/Recovery Services Expansion/Stigma Reduction	No	N/A	N/A	N/A
Michaels Active Recovery	\$55,875.00	Recovery	Recovery Services Expansion	Yes	Recovery	\$75,000.00	\$11,716.37
Mikmaq Nation	\$50,000.00	Harm Reduction	Naloxone Training & Education	Yes	Harm Reduction	\$50,000.00	\$12,984.40
Northern Maine Wellness	\$75,000.00	Treatment	Recovery Services Expansion	Yes	Treatment	\$50,000.00	\$50,000.00



*Aroostook County Commissioners' Office  
Aroostook County  
144 Sweden Street, Suite 1  
Caribou, Maine 04736*

## **AROOSTOOK COUNTY OPIOID SETTLEMENT FUND LETTER OF INTENT**

**All Letters of Intent must be received by mail or electronically  
by 4 p.m., Tuesday, September 30, 2025.**

Letters of Intent can be sent via postal service to County of Aroostook, 144 Sweden St, Suite 1, Caribou, ME 04736 or via email to the Policy and Treatment Recovery Coordinator, April Duffy at [april@aroostook.me.us](mailto:april@aroostook.me.us).

If you would like to be considered for Opioid Settlement funding you are required to submit a **Letter of Intent (LOI)** as part of the application submission. By submitting this form, you are notifying the County that you intend to apply for Opioid Settlement funds for an eligible project before the application deadline. If you choose not to apply after submitting the LOI, you do not need to notify the County.

Eligibility to submit an application does not imply final project approval or funding. It will be used to assess eligibility and identify a potential project. You will receive a Notification Eligibility Email from the County if your proposed project is determined to be eligible. If awarded, funds will not be available until after January 1, 2026. If the County Administration has any questions, they will contact you via email.

Limit of one LOI/Application per applying entity.

If approved, the project priority area chosen on the LOI, must be the same as the subsequently submitted Application for funding.

# Opioid Settlement Funding Letter of Intent

## 1. Applicant Information

Agency/Organization:		Phone:	
Address:		Fax:	
City/Zip:		Email:	
Contact Person:		Title:	

### Type of Agency/Organization (Select One):

<input type="checkbox"/>	Public	<input type="checkbox"/>	Private	<input type="checkbox"/>	Government
<input type="checkbox"/>	Non-Profit	<input type="checkbox"/>	For-Profit		
Number of Years in Operation:		<input type="text"/>			

## 2. Eligibility Categories (Select One)

<input type="checkbox"/>	Prevention	<input type="checkbox"/>	Recovery
<input type="checkbox"/>	Treatment	<input type="checkbox"/>	Harm Reduction

## 3. Priority Area (Select One)

<input type="checkbox"/>	Youth Engagement
<input type="checkbox"/>	Workforce Development
<input type="checkbox"/>	Recovery Services Expansion
<input type="checkbox"/>	Stigma Reduction
<input type="checkbox"/>	Naloxone Training & Education

## 4. Population(s) Served (Select All)

<input type="checkbox"/>	Children 0-3	<input type="checkbox"/>	Young Adults 19-25
<input type="checkbox"/>	Children 4-12	<input type="checkbox"/>	Adults 25-62
<input type="checkbox"/>	Teens 13-18	<input type="checkbox"/>	Seniors 63+

## 5. Cost Estimates and Program Funding

Provide an estimated program cost, amount of Opioid Settlement funds to be requested and sources, amounts and dates secured for all anticipated cash matching funds. **A 25% cash match of the total funding award is recommended. Match amounts may come from any public or private source dependent upon Federal Funding requirements.**

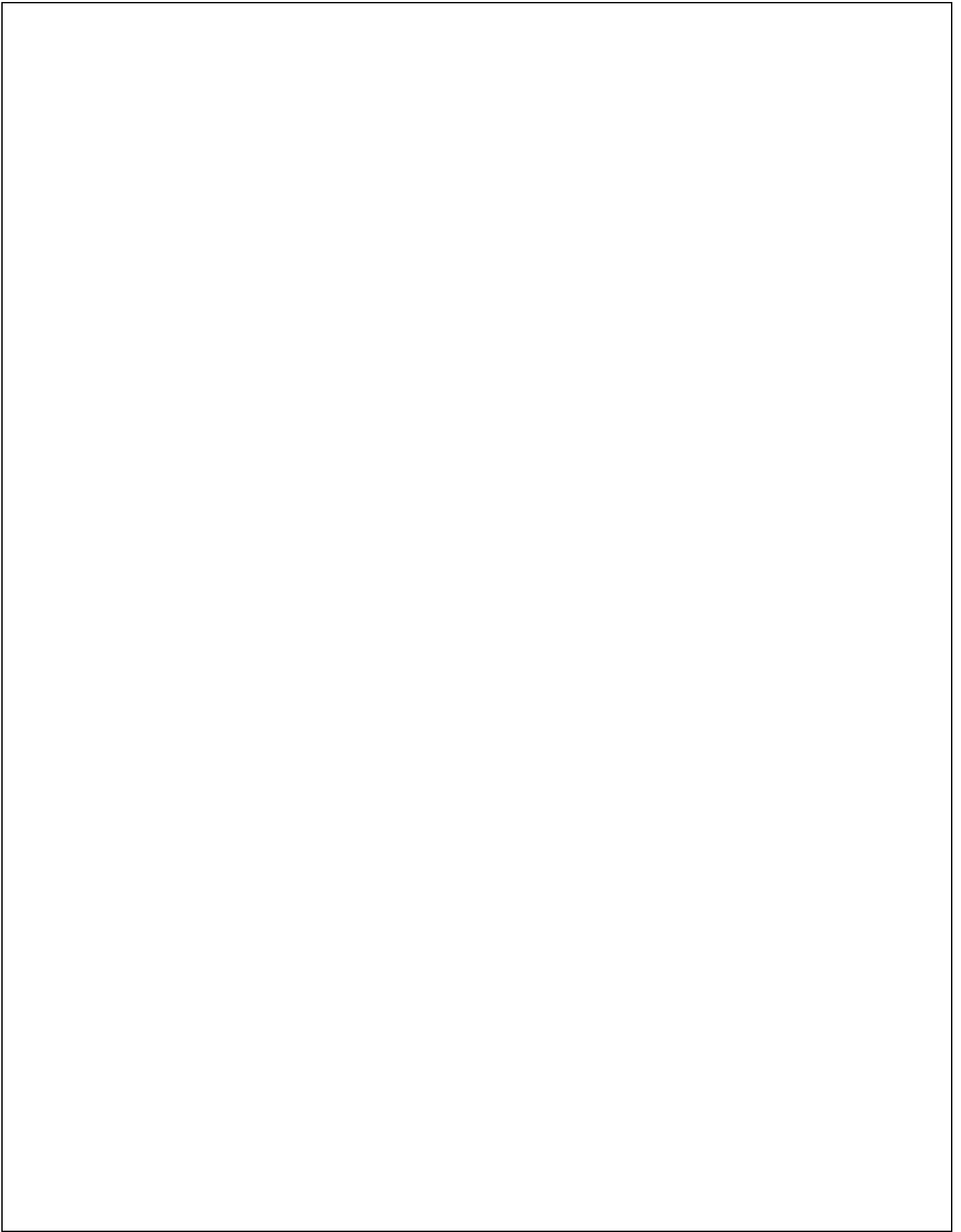
Total Estimated Program Cost:	\$	Opioid Settlement Fund Request:	\$
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Funding Source	Amount	Date Secured

% of Funds to be used for Direct Service(s)	
% of Funds to be used for Indirect Service(s)	

## 6. Program Information

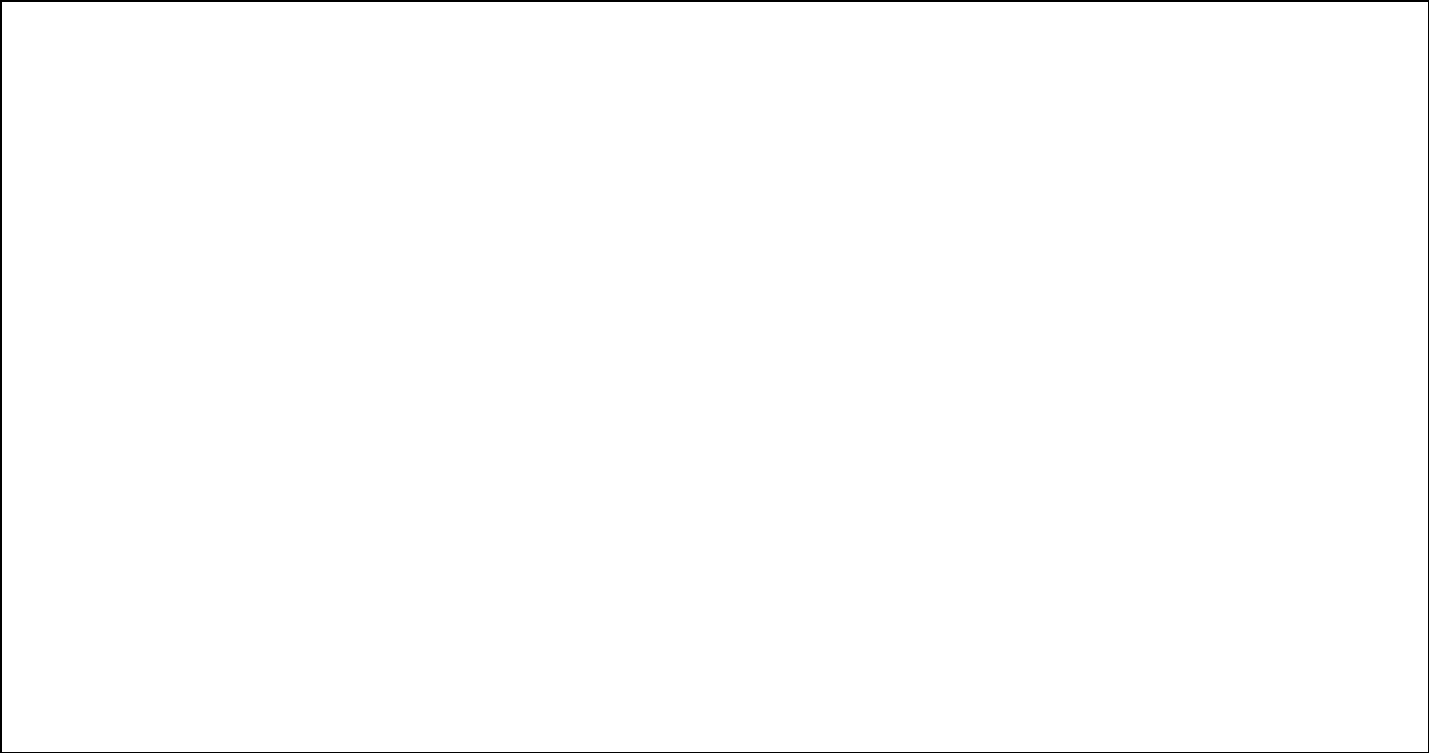
Provide a clear, concise description of the proposed program using the space below. The scope of work should be very specific in identifying how the funds will be used to meet the Maine State-Subdivision Memorandum of Understanding and Agreement Regarding Use of Settlement Funds within eligible activity categories. For existing programs, describe the service, how it has been financed thus far, and why these funds are needed now. For new programs, describe the intent of the service, how the funds will be used, and how the program will be sustained. **Maximum of 1000 words.**



What barriers currently hinder program development and implementation and how will these barriers be overcome?

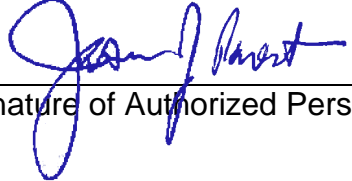


How will the effectiveness of the program be determined?



### Applicant Certifications

- a. To the best of my knowledge and belief, the information in this Letter of Intent and all attached documentation is true and correct; and
- b. This Letter of Intent complies with all applicable State and Federal laws and regulations; and
- c. Approval of this Letter of Intent by the County to submit a final application does not imply final project approval or funding.

	Aroostook County Action Program	9/22/2025
Signature of Authorized Person	Name of Organization	Date



*Aroostook County Commissioners' Office  
Aroostook County  
144 Sweden Street, Suite 1  
Caribou, Maine 04736*

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Limit of one LOI/Application per applying entity.

If approved, the project priority area chosen on the LOI, must be the same as the subsequently submitted Application for funding.

# Opioid Settlement Funding Letter of Intent

## 1. Applicant Information

Agency/Organization:	Aroostook Mental Health Services, Inc.	Phone:	207-760-1516
Address:	180 Academy Street, Suite 3	Fax:	
City/Zip:	Presque Isle, 04769	Email:	chickey@amhc.org
Contact Person:	Clare Hickey	Title:	Grant Development Specialist

### Type of Agency/Organization (Select One):

<input type="checkbox"/>	Public	<input type="checkbox"/>	Private	<input type="checkbox"/>	Government
<input checked="" type="checkbox"/>	Non-Profit	<input type="checkbox"/>	For-Profit		
Number of Years in Operation:					

## 2. Eligibility Categories (Select One)

<input type="checkbox"/>	Prevention	<input type="checkbox"/>	Recovery
<input checked="" type="checkbox"/>	Treatment	<input type="checkbox"/>	Harm Reduction

## 3. Priority Area (Select One)

<input type="checkbox"/>	Youth Engagement
<input type="checkbox"/>	Workforce Development
<input checked="" type="checkbox"/>	Recovery Services Expansion
<input type="checkbox"/>	Stigma Reduction
<input type="checkbox"/>	Naloxone Training & Education

## 4. Population(s) Served (Select All)

<input type="checkbox"/>	Children 0-3	<input checked="" type="checkbox"/>	Young Adults 19-25
<input type="checkbox"/>	Children 4-12	<input checked="" type="checkbox"/>	Adults 25-62
<input checked="" type="checkbox"/>	Teens 13-18	<input checked="" type="checkbox"/>	Seniors 63+

## 5. Cost Estimates and Program Funding

Provide an estimated program cost, amount of Opioid Settlement funds to be requested and sources, amounts and dates secured for all anticipated cash matching funds. **A 25% cash match of the total funding award is recommended. Match amounts may come from any public or private source dependent upon Federal Funding requirements.**

Total Estimated Program Cost:	\$ 80,000	Opioid Settlement Fund Request:	\$ 75,000
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Funding Source	Amount	Date Secured
Opioid Settlement Funds	\$75,000	Pending
AMHC	\$5,000	9/30/2025

% of Funds to be used for Direct Service(s)	88%
% of Funds to be used for Indirect Service(s)	12%

## 6. Program Information

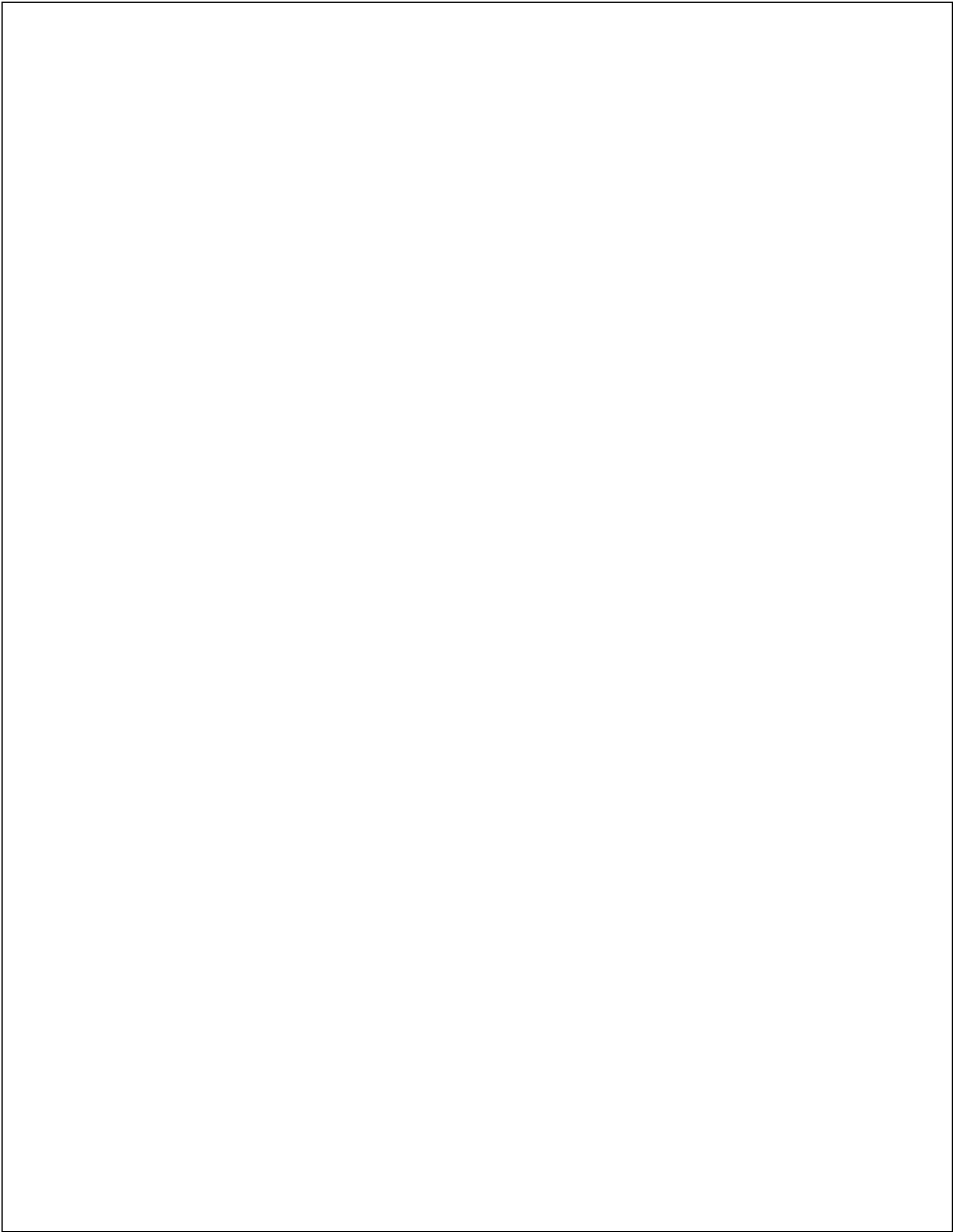
Provide a clear, concise description of the proposed program using the space below. The scope of work should be very specific in identifying how the funds will be used to meet the Maine State-Subdivision Memorandum of Understanding and Agreement Regarding Use of Settlement Funds within eligible activity categories. For existing programs, describe the service, how it has been financed thus far, and why these funds are needed now. For new programs, describe the intent of the service, how the funds will be used, and how the program will be sustained. **Maximum of 1000 words.**

AMHC requests funds to support the following two-pronged approach to its substance use treatment efforts that expands access to services through rapid access recovery coaching and incentive-based contingency management pilot program.

1. Continue expansion of recovery coach services by including AMHC Care Coordination staff - funds will support one full time Care Coordination staff member to receive recovery coach training to support front line intervention for individuals seeking substance use treatment services. Training Care Coordination staff as recovery coaches equips them to immediately support individuals at the initial assessment for help; ensuring rapid access to treatment, easier navigation of barriers to treatment or services, and expands recovery coaching provided to affected others (parent, spouse, adult children, etc.). Even if an individual chooses not to accept services on the initial call, they will have received helpful information about the resources that are available to them when they are ready.

2. Launch a Contingency Management (CM) pilot project that offers enhanced treatment engagement, abstinence, and recovery outcomes for adults 18+ utilizing positive recovery behaviors through structured incentives. CM is currently the most effective available treatment for stimulant use disorder, the fastest growing category of substances involved in overdose deaths. Generally, substance use programs rely on negative consequences. CM offers behaviorally based clinical intervention with tangible, positive reinforcements (gift cards, vouchers, prizes, etc.) that are given when standard unbiased measures are met, such as drug test results and attendance records. Positive reinforcement builds momentum that encourages long-term recovery that lasts beyond the incentives provided. The immediacy of the reward has shown to compete with and displace the reinforcement associated with substance use which helps to reorient the brain's reward circuitry toward non-substance rewards. Funds are needed for purchasing rewards, conducting urinalysis drug tests, and supporting staff time.

AMHC seeks to engage individuals with treatment options that lead to long-lasting recovery from the moment they connect with us. By increasing easy access to recovery coaching, and piloting incentive-based Contingency Management, we ensure the agency's ability to offer the latest in low barrier, easily accessible SUD treatment and recovery services in Aroostook County.



What barriers currently hinder program development and implementation and how will these barriers be overcome?

A temporary lack of funding to support the Care Coordination staffing model prevents the above proposed SUD efforts from moving forward. However, as the State moves forward in becoming a Certified Community Behavioral Health Clinic (CCBHC) model of care, reimbursement for care coordination models will be incorporated into the State reimbursement payment structure.


A Contingency Management program is not a reimbursable service and requires external funding for AMHC to initiate a pilot project. The funds will help AMHC determine its success in Aroostook County, and if it is successful, next steps will be taken to develop a sustainable funding model.

How will the effectiveness of the program be determined?

1. Care Coordinators will track calls and measure the following:
  - a.) How many individuals engage in recovery coaching on initial call
  - b.) How many individuals receive rapid (24 hours) access to SUD treatment, i.e., MOUD, coaching, counseling, etc.
  - c.) How many individuals are referred to service providers and/or offered resources
  
2. Contingency Management effectiveness will be measured by:
  - a.) How many clients show up to their appointments
  - b.) How many clients are able to perform clean urinalysis tests
  - c.) What percentage of clients have positive feedback on Contingency Management

### Applicant Certifications

- a. To the best of my knowledge and belief, the information in this Letter of Intent and all attached documentation is true and correct; and
- b. This Letter of Intent complies with all applicable State and Federal laws and regulations; and
- c. Approval of this Letter of Intent by the County to submit a final application does not imply final project approval or funding.

	AMHC	9/30/2025
Signature of Authorized Person	Name of Organization	Date



THE CENTER FOR THE ADVANCEMENT OF RURAL LIVING

September 28, 2025

April Duffy  
Policy and Treatment Coordinator  
Office of District Attorney  
Aroostook County  
144 Sweden Street  
Caribou, Maine 04736

Dear April:

Please find the attached Letter of Intent on the required template. Just a couple of notes on the letter. I am assuming the cash match is for the requested funding, not for the entire project. In the section on 'source of funds', I have indicated the approval of funding from AmeriCorps as well as CARL's fund raising activity. Our major fund raising event is on October 19 and 20. We also have two additional events later this year and into 2026. I have also included anticipated rental income from the residents of the recovery house. These easily generate the recommended 25% cash match.

Please hold on to my original letter because it had some key quotes attached. I appreciate you getting back to me and letting me know that I had to use the template you provided. If you have any questions or need further information, please email or call me.

Thanks again.

A handwritten signature in black ink that reads "Bill Flagg". The signature is written in a cursive style with a large, looping 'B' and 'F'.

Bill  
Bill Flagg  
1095 S Shore Road  
Stockholm, ME 04783  
207-896-5735 O  
207-227-0145 C  
flagg.william@gmail.com



*Aroostook County Commissioners' Office  
Aroostook County  
144 Sweden Street, Suite 1  
Caribou, Maine 04736*

**AROOSTOOK COUNTY OPIOID SETTLEMENT FUND  
LETTER OF INTENT**

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Limit of one LOI/Application per applying entity.

If approved, the project priority area chosen on the LOI, must be the same as the subsequently submitted Application for funding.

## Opioid Settlement Funding Letter of Intent

### 1. Applicant Information

Agency/Organization:	Center for Advanceme of Rural Living	Phone:	207-493-1223
Address:	46 Sweden Street, P.O. Box 239	Fax:	
City/Zip:	Caribou, Maine 04736	Email:	info@carlcenter .org
Contact Person:	Bill Flagg	Title:	Board Treasurer

#### Type of Agency/Organization (Select One):

<input type="checkbox"/> Public	<input type="checkbox"/> Private	<input type="checkbox"/> Government
<input checked="" type="checkbox"/> Non-Profit	<input type="checkbox"/> For-Profit	
Number of Years in Operation:	14	

### 2. Eligibility Categories (Select One)

<input type="checkbox"/> Prevention	<input checked="" type="checkbox"/> Recovery
<input type="checkbox"/> Treatment	<input type="checkbox"/> Harm Reduction

### 3. Priority Area (Select One)

<input type="checkbox"/>	Youth Engagement
<input type="checkbox"/>	Workforce Development
<input checked="" type="checkbox"/>	Recovery Services Expansion
<input type="checkbox"/>	Stigma Reduction
<input type="checkbox"/>	Naloxone Training & Education

### 4. Population(s) Served (Select All)

<input type="checkbox"/> Children 0-3	<input checked="" type="checkbox"/> Young Adults 19-25
<input type="checkbox"/> Children 4-12	<input checked="" type="checkbox"/> Adults 25-62
<input type="checkbox"/> Teens 13-18	<input checked="" type="checkbox"/> Seniors 63+

### 5. Cost Estimates and Program Funding

Provide an estimated program cost, amount of Opioid Settlement funds to be requested and sources, amounts and dates secured for all anticipated cash matching funds. **A 25% cash match of the total funding award is recommended. Match amounts may come from any public or private source dependent upon Federal Funding requirements.**

Total Estimated Program Cost:	\$162,800	Opioid Settlement Fund Request:	\$65,000
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Funding Source	Amount	Date Secured
AmeriCorps	45,000	Sept. 1, 2025
CARL	24,000	fund raising 2025/2026
Resident Rent	28,800	Monthly Rent, Oct-Sept 2025/2026

% of Funds to be used for Direct Service(s)	42
% of Funds to be used for Indirect Service(s)	58

## 6. Program Information

Provide a clear, concise description of the proposed program using the space below. The scope of work should be very specific in identifying how the funds will be used to meet the Maine State-Subdivision Memorandum of Understanding and Agreement Regarding Use of Settlement Funds within eligible activity categories. For existing programs, describe the service, how it has been financed thus far, and why these funds are needed now. For new programs, describe the intent of the service, how the funds will be used, and how the program will be sustained. **Maximum of 1000 words.**

The Center for the Advancement of Rural Living has managed the Caribou Men's Recovery House since 2019. We have operated the house through support from AmeriCorps/VISTA, Grants, and successful fund raising events. While we have been able to finance operations we have not been able to generate sufficient funds to provide for necessary renovations, upgrade appliances, or establish a reserve fund to deal with any emergencies. The rental income provided by residents is inconsistent as many of our residents come to us with just the shirt on their backs and it takes time for them to settle into an employed situation. Our funding request will address a number of issues that will enhance the quality of life for residents, complete critical facility improvements, and provide for more efficient energy technology.

Our request seeks funding for property improvements including heat pumps, hot water heat pump, new beds, new appliances, limited interior and exterior renovations. The goal is to make lasting improvements in our recovery that will last for years to come.

Our request will also enhance our program of direct service by adding a part-time position who will be responsible for providing a new aspiration initiative for residents, completing follow-up on residents who leave the house and engage residents in community service. The part-time position will also create opportunities for residents to go on outings, fishing trips, bowling, hiking, movies and the like. Our funding will also establish a reserve fund for emergency use and will provide 50% of the cash match required to secure our additional part-time staff.

The overall goal of our project is to create a 'Model Recovery House'. With our experience over the past six years we learned many things. We know that, like anyone, the residents of the home desire a clean, comfortable, safe, and warm living environment. Creating such a facility demonstrates the respect we have for those seeking recovery from addiction. Beyond the living environment residents need inspiration. Just refraining from the use of drugs or alcohol, while a major accomplishment, is not enough to move the individual beyond their status. Years of stigmatism, in some cases incarceration, loss of jobs, car license, and family are devastating to one's sense of self-worth. Without hope for a better life residents may temporarily enjoy the benefits of sober living, but when facing an uncertain future and the challenges that lie ahead, often will lead to depression and relapse.

That is why we believe improving the living environment, instilling pride of place is so critical. Rather than a house in poor repair, old and poorly functioning appliances, worn kitchen cabinets, and other issues that are familiar to residents who often come to us from experiencing prison, homelessness, or couch surfing, we create a respectful, welcoming and appropriate home. By doing so we instill a sense of pride and comfort that most of these men have rarely experienced.

Our request to help fund a part-time position creating an individual responsible for inspiring residents is also important. Managing the men's house and all of the issues involved does not provide time to advance individuals from their current station. This individual will work with residents to take stock of where they are and help open doors to continuing education, reunification with family, renewal of driver's license, gameful employment, and engaging residents in community service.

With this new approach to establishing a 'model' recovery house, we will also create specific responsibilities for residents to maintain the home in good order. While chore sharing has long been a part of the house we will work to have a more structured approach. We will conduct routine inspections, create standards for individual bedrooms, living areas and yard work. We will work to develop a point system to measure residents adherence to these quality standards and make appropriate decisions for those who choose not to do their part. We recognize this will take time and there will be ups and downs but in the end, we believe that word will get out about our home and create an understanding that being a resident of our home comes with certain responsibilities and expectations.

Another element that will come with the approval of funding will be a follow up program for men who leave our home for any reason. Our part-time staff will be responsible for this aspect of our program. This is something we have not done historically. Coming to our home with the new sense of expectation residents may find, early on, that they are not able to live with the environment we have created. We may also need to remove men from the house for a variety of reasons, and some men will successfully transition from our home back into the community. In each case we will make an effort to follow up with those who leave the house within 24 hours of their departure. We will document the status of the individual, and, if appropriate identify resources that might be of benefit to them. We will remain open to the residents return if desired and create a pathway for them to come back with built in interview and specific milestones.

The part-time staff will also meet with residents after one week of them joining the house. The staff will get a sense of the individual's mind-set and begin to develop a 'Successful Recovery Plan'. This will include getting a sense of the resident's goals, any challenges they may have, resume writing, job interview skills, health status and creating a primary care provider, as well as other routine needs or expectations. Staff will follow through with this plan, meeting with residents routinely to stay on track.

Finally, all of us recognize the challenges of addiction, recovery and community reintegration. Many studies have found that providing a safe, clean home for individuals serious about recovery is a critical first step to success. Unfortunately the number of men successfully maintaining sobriety if having access to a recovery house is unclear. However, research suggests that for men who remain in a recovery house longer than six months may have a 60-80% chance of staying in recovery. That is why it is so important to create a home that has a quality living environment.

We recognize that we are requesting a significant amount of funding. However our men's house has been the only such facility for men here in the county for many years. Our house is in need of significant upgrade and with the purchase of heat pumps and hot water heat pump, we will dramatically drop our heating cost. This funding will set our house up for success for years to come.

I want to note that the support of AmeriCorps has been critical to the success of our recovery house. The real value of the support they provide in staffing alone over the past five years has been hundreds of thousands of dollars. It may not be obvious but raising money to support recovery is very challenging given the stigma attached to drug and alcohol addiction. Still thanks to the efforts of the CARL Board of Directors, strong community support, and a dedicated staff we have been able to raise more than \$50,000 over the years for the required cash match to obtain AmeriCorps/Vista workers.

What barriers currently hinder program development and implementation and how will these barriers be overcome?

As stated earlier the stigma associated with drug and alcohol addiction present unique challenges to fund raising. In addition, the fact that many men come to our house penniless with just the clothes on their back. The ongoing cost of running the recovery house demands routine cash flow. It may take 2 - 4 weeks for a resident to come up with required rent.

Another barrier relates to the high cost and low revenue of recovery house operations. This creates a situation where there are not adequate funds to maintain facilities the way we would want or to create a reserve fund for emergencies.

The funding we have requested will resolve both of these barriers by upgrading our physical property, purchasing new appliances and providing a \$10,000 emergency reserve fund.

Funding of a part-time staff will also help with fund raising activity.

How will the effectiveness of the program be determined?

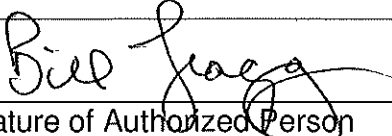
Our goal is to create a 'Model Recovery House'. We will measure the effectiveness by our ability to maintain an average of four residents, extend the longevity of residents tenure at the property, Evaluate the success of our recovery follow-up program. Assess the numbers of men who leave the facility and remain in recovery, continue education, recover driver's licenses, reunite with family establish meaningful employment.

We will also establish an exit survey for men who leave the house to determine their experience at the house and recommendations for improvement.

We will also measure the impact of the project on our fund raising activity.

### Applicant Certifications

- a. To the best of my knowledge and belief, the information in this Letter of Intent and all attached documentation is true and correct; and
- b. This Letter of Intent complies with all applicable State and Federal laws and regulations; and
- c. Approval of this Letter of Intent by the County to submit a final application does not imply final project approval or funding.

	CARL	09-29, 2025
Signature of Authorized Person	Name of Organization	Date

September 26, 2025

Please be advised that we are removing the Generac Generator due to the cap on funding requests.

A handwritten signature in blue ink that reads "Bill Sage". The signature is written in a cursive style with a large, looped "S" at the end.



September 16, 2025

THE CENTER FOR THE ADVANCEMENT OF RURAL LIVING

April Duffy  
Policy and Treatment Recovery Coordinator  
Office of District Attorney  
144 Sweden Street  
Caribou, Maine 04736

Dear April,

The Center for the Advancement of Rural Living (CARL) is pleased to submit this 'Letter of Intent' to the Aroostook County Opiate Task Force. Our letter relates to improvements in the Caribou Men's Recovery House at 22 Hammond Street. In 2019, with the support of the USDA, CARL opened the only Recovery House for men in Aroostook County. Some 200 such facilities existed here in Maine at the time but none here in the County. Many volunteers, including Loring Job Corps, a work release team from the County jail and many local people including CARL board members helped with renovations at the house. Since 2019 there have been no additional projects at the house.

Dozens of men have come through the recovery house. While not every man has succeeded in maintaining their recovery, many have transitioned from the home back to their community, and in many instances reuniting with family. Thanks to the AmeriCorps program we have been able to staff the home with an experienced manager and assist men to establish relationships with primary care providers, and to gain meaningful employment. At this time we have the opportunity, through AmeriCorps to add part-time additional staff if we can secure the \$5,000 cash match required. This cash match will provide an individual 20 hours per week for a full year. Even at current minimum wage this is truly a great benefit to our work. This cash match is part of our request for funding. Our request also includes a \$10,000 reserve fund to help us deal with any emergency including a furnace breakdown, electrical failure, or other unforeseen crisis.

The predominant element of this request is for improvements to the recovery house itself. I have attached a quote from our local contractor outlining the renovations we believe will significantly improve the environment of the home, reduce costs for heating and air conditioning, protect the physical structure, and improve safety for our residents. Our request includes the purchase and installation of a 'Generac' generator, a hot water heat pump, and two residential heat pumps. All these improvements will be lasting and valuable investments in our property.

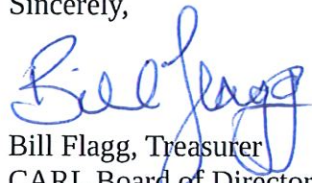
In addition to these physical improvements, we are also requesting funding to improve the day to day lives of our residents. Our laundry facilities are in need of a new washer and dryer and we are requesting funds for new beds for our six bedrooms. Men have been sleeping on virtual cots over the years and we would like to replace these beds with new and more comfortable units. These items offer a more welcoming and respectful environment for our residents.

I have attached quotes for each of these improvements. As I indicated earlier the physical renovations are outlined in the contractor's quote.

While I recognize our request is significant, it is important to note that our house remains the only facility in the County. Men who come to our house often come with just the clothes on their backs, no job, and little if any financial resource. The cost to operate our house is substantial and it is only through the fund raising efforts by CARL, and individual contributions from board members that we have been able to continue to operate the facility. Providing this level of support would demonstrate your commitment to the provision of a quality sober living facility here in Aroostook County.

We are grateful for the opportunity to apply for this critical funding to secure the operations of our recovery house for years to come. Please review our attachments and if you have any further questions or require additional information please just reach out to me at my email address: [flagg.william@gmail.com](mailto:flagg.william@gmail.com) or by phone, 207-896-5735 (home) 207-227-0145 (Cell). Thank you.

Sincerely,

A handwritten signature in blue ink that reads "Bill Flagg". The signature is written in a cursive style with a large, prominent "B" and "F".

Bill Flagg, Treasurer  
CARL Board of Directors



## CONNOLLY CARPENTRY

207-227-3600

Attention: Bill Flagg

Date: 09/05/25

Project Description: Men's home updates. Installation of new fascia, kitchen repair, bathroom remodel, door installation.

Description	Quantity	Unit Price	Cost
New metal fascia around building, repair any damage found.			
Install a new door under house where a hole is, and repair damage if needed.			
Demo bathroom, remodel into closet where bathroom was, to including framing of walls etc where needed.			
New Sheetrock, mud, paint, and interior door to be installed. Removal of any damaged pieces.			
Demo of old kitchen area, fix any areas that are damaged/need fixing/ install new cabinets throughout.			
New "fake" rock to be installed along the front of the building.			
Materials			5,000.00
Labor			9,000.00
		Subtotal	14,000.00
			50.00
		Total	14,000.00

It's been a pleasure doing business with you, please reach out with any comments, concerns, or questions.

Sincerely yours,

Connolly Carpentry



Dave's World Presque Isle  
621 Main St, Presque Isle, ME 04769  
www.davesworld.com

Estimate 508485091  
Estimate Date 9/22/2025

**Billing Address**

Caribou Recovery House  
22 Hammond Street  
Caribou, ME 04736 USA

**Job Address**

Caribou Recovery House  
22 Hammond Street  
Caribou, ME 04736 USA

**Description of work**

Benefits of the Rheem 80 Gallon Heat Pump Water Heater:

\* Energy Efficiency: Significantly reduces energy consumption compared to conventional water heaters, leading to lower utility bills.

\* Cost Savings: Long-term savings on energy costs due to its high efficiency.

\* Environmental Benefits: Eco-friendly operation with reduced carbon footprint.

\* Reliable Performance: Durable construction and reliable operation ensure consistent hot water supply.

\* Convenient Features: Often equipped with smart technology for easy monitoring and control.

\* Space-Saving Design: Compact design suitable for various home layouts.

\* Quiet Operation: Operates quietly, adding comfort to your home environment.

Note: For professional installation and optimal performance, trust Dave's World — the best installer in the area, known for quality workmanship and excellent customer service.

Service #	Description	Quantity
HP.HWH	Installation of Heat Pump Hot Water Heater	1.00
RHEPROPH80T2RH400-SO	Rheem RHEPROPH80T2RH400-SO Water Heater ProTerra Heat Pump Electric 80 Gallon Hybrid Wifi with Leak Guard	1.00

<b>Sub-Total</b>	\$5,950.06
<b>Tax</b>	\$0.00
<b>Total Due</b>	\$5,950.06
<b>Deposit/Downpayment</b>	\$0.00

We truly appreciate your business and the trust you have placed in us. If you are happy with our service, we would love for you to share your experience with friends or leave us a review. Your support means the world to us. Thank you for being part of the Dave's World family!

I hereby authorize Dave's World to complete the above work in the amount of \$5,950.06 to be performed.

All equipment covered by a 12-year parts and compressor warranty and 1-year Dave's World labor coverage (Excluding Rheem water heaters which carry a 10 year parts warranty). Installation covered by a 4-year workmanship warranty. All materials, labor, and electrical work are included in the pricing as well as a Complete 100% Satisfaction Guarantee! Dave's World is a Qualified Partner for Efficiency Maine's residential, commercial, and multi-family rebate programs and can assist you in filling for your rebate(s). Dave's World is not responsible for rebate eligibility. All eligibility is solely determined by Efficiency Maine. Some rebates need to be preapproved. See salesperson for details.

Although you can use your heat pump primarily we DO NOT recommend it to be your only heat source. Dave's World recommends that you always have other source(s) of heat. Pricing subject to product availability; any alterations or deviation from the above specifications, involving extra costs will be executed only upon written orders, and will become an extra charge over and above the estimate. All agreements are contingent upon strikes, accidents, or delays beyond our control.

**Additional Terms and Conditions**

You have the right to rescind this contract without penalty so long as you notify Dave's World via email, fax, or certified mail to the address listed above within three (3) business days of executing this Services Agreement. In the event of rescission any deposits you have made will be returned within ten (10) days.

You agree and acknowledge the right to rescind this Services Agreement is only applicable to services, work, parts, labor, materials and equipment to be performed on a future date and does not apply to any invoices, costs, or fees associated with regularly pre-scheduled maintenance, the invoices, costs or fees applicable to initial visits or diagnostics as requested by you, or the invoices, costs, or fees applicable to services actually rendered by Dave's World at your request prior to scheduling future services. You can also choose to waive the right to rescind this Services Agreement by acceptance of work commencing same day as agreed to or signed.

In the event of an "Emergency," you may waive the right to rescind this Services Agreement and have Dave's World perform the services set forth above immediately upon execution of this Services Agreement or as soon as reasonably possible by executing the waiver set provided. For purposes of this Agreement an "Emergency" shall mean an instance in which you are experiencing undesirable temperatures as a result of a malfunctioning or defective air conditioning system (or any portion thereof) or any other matter deemed



Dave's World Presque Isle  
621 Main St, Presque Isle, ME 04769  
www.davesworld.com

Estimate 508663572  
Estimate Date 9/24/2025

**Billing Address**  
Caribou Recovery House  
22 Hammond Street  
Caribou, ME 04736 USA

**Job Address**  
Caribou Recovery House  
22 Hammond Street  
Caribou, ME 04736 USA

Service #	Description	Quantity
PAN-270	Install/Replace 200/225 amp Main Breaker Panel (indoor, surface mount up to 42 circuits)	1.00

<b>Sub-Total</b>	\$5,700.00
<b>Tax</b>	\$0.00
<b>Total Due</b>	<u>\$5,700.00</u>
<b>Deposit/Downpayment</b>	\$0.00

We truly appreciate your business and the trust you have placed in us. If you are happy with our service, we would love for you to share your experience with friends or leave us a review. Your support means the world to us. Thank you for being part of the Dave's World family!

I hereby authorize Dave's World to complete the above work in the amount of \$5,700.00 to be performed. All equipment covered by a 12-year parts and compressor warranty and 1-year Dave's World labor coverage (Excluding Rheem water heaters which carry a 10 year parts warranty). Installation covered by a 4-year workmanship warranty. All materials, labor, and electrical work are included in the pricing as well as a Complete 100% Satisfaction Guarantee! Dave's World is a Qualified Partner for Efficiency Maine's residential, commercial, and multi-family rebate programs and can assist you in filing for your rebate(s). Dave's World is not responsible for rebate eligibility. All eligibility is solely determined by Efficiency Maine. Some rebates need to be preapproved. See salesperson for details.

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Dave's World Presque Isle  
621 Main St, Presque Isle, ME 04769  
www.davesworld.com

Estimate 508481451  
Estimate Date 9/22/2025

**Billing Address**

Caribou Recovery House  
22 Hammond Street  
Caribou, ME 04736 USA

**Job Address**

Caribou Recovery House  
22 Hammond Street  
Caribou, ME 04736 USA

**Description of work**

When it comes to achieving optimal heating and cooling efficiency in Maine's unpredictable climate, Samsung heat pumps stand out as the best choice. Their advanced technology ensures maximum comfort, energy efficiency, and substantial savings over traditional oil-based heating systems.

**Why Choose Samsung Heat Pumps?**

**Superior Efficiency:** Samsung's cutting-edge inverter technology adapts to your home's needs, reducing energy consumption.

**Reliable Performance:** Designed to handle Maine's harsh winters and humid summers, these units maintain consistent comfort year-round.

**Quiet Operation:** Enjoy a peaceful indoor environment with minimal noise.

**Maximize Savings with Dave's World**

Partnering with Dave's World, Maine's premier heat pump installer, ensures that your system is installed with precision and expertise. Their comprehensive service guarantees optimal performance, helping you capitalize on state rebates and federal tax credits for additional savings.

**Flexible Installation Options:**

Tailored solutions to meet your specific heating and cooling load requirements.

Options to cover key living areas, second floors, and basements for whole-home comfort.

**Financial Benefits:**

Significant rebates from Maine and federal tax credits.

Long-term savings through reduced energy bills compared to oil heating.

Choose Samsung heat pumps and trust Dave's World to deliver the best installation experience and maximum savings for your home.

And just a reminder we also offer 12 months no interest with Goodleap financing.

Please feel free to call or message me for any help I can give to get you to your best comfort and savings level.

Have the best day

**Why Choosing Dave's World as the Diamond Elite Contractor for Samsung Heat Pumps is Crucial**

When it comes to maximizing the benefits of your Samsung heat pump in Maine's diverse climate, selecting Dave's World as your installer is paramount. Recognized as Maine's Diamond Elite contractor with the highest number of heat pump installations, Dave's World offers unmatched expertise and service.

**Unparalleled Expertise:**

With their extensive experience, Dave's World ensures precise, high-quality installations tailored to your home's unique needs. This expertise leads to superior system performance, maximizing energy efficiency and comfort.

**Exclusive 12-Year Samsung Warranty Benefits:**

Partnering with Dave's World grants you access to Samsung's industry-leading 12-year warranty. This extended coverage provides peace of mind, safeguarding your investment with comprehensive support for years to come.

**Optimized Performance and Financial Savings:**

Dave's World's meticulous installation process enhances your heat pump's efficiency, leading to lower energy bills.

Additionally, their knowledge of state rebates and federal tax credits helps you maximize financial incentives.

**Why It Matters:**

Choosing Dave's World isn't just about installation—it's about securing long-term comfort, reliability, and financial benefits.

Their Diamond Elite status reflects a commitment to excellence, ensuring your Samsung heat pump operates at peak performance throughout Maine's challenging seasons.

Experience the difference with Dave's World—where expert installation meets exceptional warranty benefits for lasting home

Service #	Description	Quantity
JXGS.PHP.ODU	Installation of Samsung Premium Heat Pump Multi-Zone System	1.00
RNXP.WM.IDU	Installation of Samsung WindFree Premium Wall Mounted (No RDS) Indoor Unit	2.00
INS.AO.0325	Outdoor Unit to be placed on pad and stand	1.00
INS.AO.0315	Weather Cap for Outdoor Unit	1.00
INS.AO.0403	Mini-Split Line Set (Per Foot)	50.00
INS.AO.0401	All exterior lines to be concealed in White Line Hide	48.00
RNX.PHP.WM.SYS	Installation of Samsung WindFree Premium Heat Pump Wall Mounted System	1.00
RNX.PHP.WM.SYS	Installation of Samsung WindFree Premium Heat Pump Wall Mounted System	1.00
INS.AO.0460	Little Giant 115 Volt Standard	1.00
INS.AO.0460	Little Giant 115 Volt Standard	1.00
INS.AO.0460	Little Giant 115 Volt Standard	1.00
INS.AO.0402	Mini-Split Line Set (Per Foot)	25.00
INS.AO.0403	Mini-Split Line Set (Per Foot)	30.00
INS.AO.0401	All exterior lines to be concealed in White Line Hide	30.00
O5-Discount	5% Discount	1.00
INS.AO.0330	Wall Bracket 300 lb	2.00
JXG36S4D	Samsung Outdoor Unit FJM 4-Port MAX HEAT 36K 208V R-32	1.00
RNX18ABD	Samsung Indoor Unit WindFree RAC Premium Wall Mount 18K 208V R-32	2.00
RNX09ABD	Samsung Indoor Unit WindFree RAC Premium Wall Mount 9K 208V R-32	1.00
RXX09ABD	Samsung Outdoor Unit RAC Premium 9K BTU 208/230V R-32	1.00
RNX15ABD	Samsung Indoor Unit WindFree RAC Premium Wall Mount 15K 208V R-32	1.00
RXX15ABD	Samsung Outdoor Unit RAC Premium 15K BTU 208/230V R-32	1.00

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<b>Sub-Total</b>	\$26,833.70
<b>Tax</b>	\$0.00
<b>Total Due</b>	<u>\$26,833.70</u>
<b>Deposit/Downpayment</b>	\$0.00

We truly appreciate your business and the trust you have placed in us. If you are happy with our service, we would love for you to share your

I hereby authorize Dave's World to complete the above work in the amount of \$26,833.70 to be performed.

All equipment covered by a 12-year parts and compressor warranty and 1-year Dave's World labor coverage (Excluding Rheem water heaters which carry a 10 year parts warranty). Installation covered by a 4-year workmanship warranty. All materials, labor, and electrical work are included in the pricing as well as a Complete 100% Satisfaction Guarantee! Dave's World is a Qualified Partner for Efficiency Maine's residential, commercial, and multi-family rebate programs and can assist you in filing for your rebate(s). Dave's World is not responsible for rebate eligibility. All eligibility is solely determined by Efficiency Maine. Some rebates need to be preapproved. See salesperson for details.

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Plourde Furniture  
150 Bennet Dr.  
Caribou ME 04736  
207-496-3521  
Date:9/16/2025

Logan Cheplic  
[Logan@plourdefurniturecompany.com](mailto:Logan@plourdefurniturecompany.com)

Mens Health Center Quote  
Name Of Customer: Bill Flagg  
Delivery Adress:

<u>SKU</u>	<u>Item Description</u>	<u>Price</u>	<u>Quantity</u>	<u>Total Cost</u>
M41111	Twin Limited Edition Plush Mattress	\$ 399.00	6	\$ 2,394.00
Box Spring	Twin 5" Harmony Box Spring	\$ 175.00	6	\$ 1,050.00
B1050-53/52/83	Twin Panel Bed Frame	\$ 310.00	6	\$ 1,860.00
Total Before Delivery Fee				\$ 5,304.00
Delivery Fee		\$ 10.00	1	\$ 10.00
Final Total				\$ 5,314.00

Please note it would take 3 to 4 weeks for all the products to be ordered.



\*Disclaimer: Prices are valid up to 2 weeks after this estimate was made



*Aroostook County Commissioners' Office  
Aroostook County  
144 Sweden Street, Suite 1  
Caribou, Maine 04736*

## **AROOSTOOK COUNTY OPIOID SETTLEMENT FUND LETTER OF INTENT**

**All Letters of Intent must be received by mail or electronically  
by 4 p.m., Tuesday, September 30, 2025.**

Letters of Intent can be sent via postal service to County of Aroostook, 144 Sweden St, Suite 1, Caribou, ME 04736 or via email to the Policy and Treatment Recovery Coordinator, April Duffy at [april@aroostook.me.us](mailto:april@aroostook.me.us).

If you would like to be considered for Opioid Settlement funding you are required to submit a **Letter of Intent (LOI)** as part of the application submission. By submitting this form, you are notifying the County that you intend to apply for Opioid Settlement funds for an eligible project before the application deadline. If you choose not to apply after submitting the LOI, you do not need to notify the County.

Eligibility to submit an application does not imply final project approval or funding. It will be used to assess eligibility and identify a potential project. You will receive a Notification Eligibility Email from the County if your proposed project is determined to be eligible. If awarded, funds will not be available until after January 1, 2026. If the County Administration has any questions, they will contact you via email.

Limit of one LOI/Application per applying entity.

If approved, the project priority area chosen on the LOI, must be the same as the subsequently submitted Application for funding.

# Opioid Settlement Funding Letter of Intent

## 1. Applicant Information

Agency/Organization:	Homeless Services of Aroostook	Phone:	207-764-5114
Address:	PO Box 1753	Fax:	
City/Zip:	Presque Isle, ME 04769	Email:	director@aroostookhomeless.org
Contact Person:	Kari Bradstreet	Title:	Executive Director

### Type of Agency/Organization (Select One):

<input type="checkbox"/> Public	<input type="checkbox"/> Private	<input type="checkbox"/> Government
<input checked="" type="checkbox"/> Non-Profit	<input type="checkbox"/> For-Profit	
Number of Years in Operation:	41	

## 2. Eligibility Categories (Select One)

<input type="checkbox"/> Prevention	<input checked="" type="checkbox"/> Recovery
<input checked="" type="checkbox"/> Treatment	<input checked="" type="checkbox"/> Harm Reduction

## 3. Priority Area (Select One)

<input type="checkbox"/>	Youth Engagement
<input checked="" type="checkbox"/>	Workforce Development
<input checked="" type="checkbox"/>	Recovery Services Expansion
<input checked="" type="checkbox"/>	Stigma Reduction
<input type="checkbox"/>	Naloxone Training & Education

## 4. Population(s) Served (Select All)

<input checked="" type="checkbox"/> Children 0-3	<input checked="" type="checkbox"/> Young Adults 19-25
<input checked="" type="checkbox"/> Children 4-12	<input checked="" type="checkbox"/> Adults 25-62
<input checked="" type="checkbox"/> Teens 13-18	<input checked="" type="checkbox"/> Seniors 63+

## 5. Cost Estimates and Program Funding

Provide an estimated program cost, amount of Opioid Settlement funds to be requested and sources, amounts and dates secured for all anticipated cash matching funds. **A 25% cash match of the total funding award is recommended. Match amounts may come from any public or private source dependent upon Federal Funding requirements.**

Total Estimated Program Cost:	\$ 140,220.00	Opioid Settlement Fund Request:	\$ 140,220.00
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Funding Source	Amount	Date Secured
Volunteer In Kind (If needed)	\$35,055	Ongoing, not used elsewhere

% of Funds to be used for Direct Service(s)	90%
% of Funds to be used for Indirect Service(s)	10%

## 6. Program Information

Provide a clear, concise description of the proposed program using the space below. The scope of work should be very specific in identifying how the funds will be used to meet the Maine State-Subdivision Memorandum of Understanding and Agreement Regarding Use of Settlement Funds within eligible activity categories. For existing programs, describe the service, how it has been financed thus far, and why these funds are needed now. For new programs, describe the intent of the service, how the funds will be used, and how the program will be sustained. **Maximum of 1000 words.**

### Program Overview

The Integrated Recovery and Stability Initiative (IRSI) is a comprehensive, person-centered program designed to support individuals experiencing homelessness who are living with co-occurring substance use disorders (SUD) and/or mental health diagnoses. Our program embraces harm reduction, evidence-based treatment, community partnerships, and individualized accountability to create a safe and supportive environment where participants can begin or sustain their journey to recovery and stability.

Our mission is to remove barriers that prevent this vulnerable population from accessing consistent care, while encouraging autonomy, dignity, and long-term wellness. We are seeking funding to expand our supportive shelter program through staff hires, transportation resources, and integrated virtual and in-person service connections. This funding will enhance our ability to meet the complex needs of our residents and provide continuity of care that is trauma-informed, culturally responsive, and recovery-focused.

### Program Objectives

1. Support daily recovery and stability for residents experiencing homelessness with co-occurring SUD and/or mental health conditions.
2. Ensure consistent in-house support through full-time staffing.
3. Expand access to virtual and in-person clinical, therapeutic, and recovery services.
4. Provide transportation to essential services including treatment programs, healthcare, employment, housing, and community supports.
5. Foster sustainable pathways to independence through workforce development, housing stability, and community reintegration.

### Target Population

The IRSI program serves individuals currently residing in our shelter programs or unhoused and living with co-occurring substance use disorders and/or mental health diagnoses. Many participants have histories of incarceration, trauma, disrupted healthcare, and unstable community ties. Participants may be at various stages of recovery, and Medication-Assisted Treatment (MAT) is encouraged as part of individualized treatment plans. Our program is voluntary, with an emphasis on accountability, self-directed goals, and compassionate support.

### Program Components

#### 1. Safe, Supportive Housing with On-Site Staff

A foundational component of IRSI is the provision of safe, stable housing where individuals can access recovery support without being forced into potentially triggering or high-risk environments. Currently our shelter programs require residents to leave during the day, and this updated model will allow participants to remain in-house throughout the day in a substance-free environment.

To ensure residents receive daily support and are not isolated during critical recovery periods, this funding will support hiring of two full-time staff members. These team members will be present every day to offer emotional support, case management, crisis de-escalation, recovery coaching, and linkage to services. Their presence will be essential in maintaining a supportive, structured atmosphere while promoting personal accountability and progress.

#### 2. Integrated Virtual Behavioral Health and Recovery Services

Through partnerships with Better Life Partners, Groups Recover Together, and Healthy Minds Counseling, all residents will have access to confidential, HIPAA-compliant virtual behavioral health services. These services include:

Individual and group counseling

~ Peer recovery coaching

~ Primary care and medication management

~ Substance use treatment and relapse prevention

~ MAT, including Suboxone and Methadone programs

Residents can attend these services, other than required dosage at the clinic, from within the safety of the residence, ensuring they remain in a recovery-supportive environment while engaging in care. Virtual access breaks down transportation and stigma-related barriers and allows for flexibility based on the individuals schedule and readiness.

### 3. Community-Based Partnerships and Referrals

We have built strong collaborations with local service providers to support holistic recovery and reentry. Our current partners include:

- ~ TEMPO Employment Services – Offering job placement, resume building, and soft skills development.
- ~ Aroostook County Action Program (ACAP) – Providing workforce development training, adult education, and job readiness support.
- ~ Aroostook Mental Health Center (AMHC) – Delivering mental health assessments, psychiatric care, crisis intervention, and care coordination.
- ~ Local rehabilitation and detox programs – For residents in need of inpatient or medically supervised care.

Our staff will support residents in navigating these systems, completing applications, attending appointments, and staying engaged in services. These partnerships facilitate warm handoffs and reduce fragmentation in care.

### 4. Transportation and Accessibility

Transportation remains a critical barrier for many residents attempting to access medical care, employment, meetings, and treatment services across a rural region with limited public transit. Funding will be used to purchase a new or used van to provide consistent, safe, and flexible transportation.

This vehicle will be used to:

- ~ Transport residents to medical and behavioral health appointments
- ~ Attend community recovery meetings (e.g., AA, NA, SMART Recovery)
- ~ Participate in workforce development activities
- ~ Attend court dates, probation check-ins, or housing interviews
- ~ Support emergency transport needs, when appropriate

A dedicated vehicle dramatically improves our program's capacity to ensure residents follow through on critical services and reduce the risk of treatment dropout or recidivism. Our current van is nearing the end of its life and requires extensive repairs to stay roadworthy and continue delivering vital services.

### Accountability and Person-Centered Participation

Our model supports individual accountability while recognizing that recovery is non-linear. Residents are encouraged to set personal goals and participate in programming of their choosing. Staff assist each participant in developing an individualized recovery plan that outlines:

- ~ Preferred services and providers
- ~ Short- and long-term goals
- ~ Participation expectations (e.g., attending therapy, house meetings)
- ~ Crisis plans and relapse prevention strategies

Rather than enforce rigid schedules, we empower residents to make informed decisions about their care while offering daily support and encouragement. Positive reinforcement and trauma-informed engagement are cornerstones of our approach.

### Expected Outcomes

With the support of this funding, the IRSI program anticipates achieving the following outcomes:

- ~ Increased engagement in SUD and mental health treatment services
- ~ Reduced emergency service utilization (e.g., police complaints, ER visits, psychiatric holds)
- ~ Decreased substance use and relapse incidents
- ~ Increased employment and job training participation
- ~ Reduced recidivism and successful community reintegration
- ~ Enhanced quality of life and self-sufficiency

### Conclusion

The Integrated Recovery and Stability Initiative represents a holistic, practical, and compassionate response to the complex needs of individuals experiencing homelessness and living with co-occurring disorders. With this funding, we will enhance our capacity to provide 24/7 in-house support, seamless virtual and in-person care access, essential transportation, and meaningful pathways to recovery and independence.

By investing in the daily lives of our residents and meeting them where they are—literally and figuratively—we're more than just a bed. We offer hope, healing, and a future of possibility.

What barriers currently hinder program development and implementation and how will these barriers be overcome?

Current barriers to the development and implementation of this program have primarily been funding and staffing.

It is widely recognized that shelter services are severely underfunded at the federal, state, and local levels. In 2024, I joined a legislative working group actively collaborating with state representatives and senators to advocate for increased and sustained funding for shelter programs. Our goal is to ensure that these essential services, which support some of the most vulnerable members of our community, are adequately resourced.

Although this program model has been under discussion for the past several years within our current leadership team, we have not yet had the financial capacity to launch it or demonstrate its full potential. Securing proper funding is the critical next step to bringing this initiative to life and providing the support our population urgently needs.

How will the effectiveness of the program be determined?

The effectiveness of this program will be measured by the number of individuals who access our services and actively seek recovery, as well as those who continue to engage with our programs and maintain recovery with our support.

Additionally, success will be evaluated through local police and EMS data, specifically looking for a reduction in community calls related to concerns about individuals experiencing homelessness. Another key goal is to decrease criminal activity among our residents, as stable housing and supportive services are expected to lead to more productive and law-abiding lives.

### Applicant Certifications

- a. To the best of my knowledge and belief, the information in this Letter of Intent and all attached documentation is true and correct; and
- b. This Letter of Intent complies with all applicable State and Federal laws and regulations; and
- c. Approval of this Letter of Intent by the County to submit a final application does not imply final project approval or funding.

Kari L Bradstreet	Homeless Services of Aroostook	9-30-2025
Signature of Authorized Person	Name of Organization	Date



*Aroostook County Commissioners' Office  
Aroostook County  
144 Sweden Street, Suite 1  
Caribou, Maine 04736*

## **AROOSTOOK COUNTY OPIOID SETTLEMENT FUND LETTER OF INTENT**

**All Letters of Intent must be received by mail or electronically  
by 4 p.m., Tuesday, September 30, 2025.**

Letters of Intent can be sent via postal service to County of Aroostook, 144 Sweden St, Suite 1, Caribou, ME 04736 or via email to the Policy and Treatment Recovery Coordinator, April Duffy at [april@aroostook.me.us](mailto:april@aroostook.me.us).

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Limit of one LOI/Application per applying entity.

If approved, the project priority area chosen on the LOI, must be the same as the subsequently submitted Application for funding.

### **Opioid Settlement Funding Letter of Intent**

#### **1. Applicant Information**

Agency/Organization :	Michael's Active Recovery	Phone:	2072315191
Address:	267 West Main St	Fax:	N/A

City/Zip:	Fort Kent Maine	Email:	michaelsactiverecovery@gmail.com
Contact Person:	Danielle Forino	Title:	President

**Type of Agency/Organization (Select One):**

<input type="checkbox"/>	Public	<input type="checkbox"/>	Private	<input type="checkbox"/>	Government
X	Non-Profit	<input type="checkbox"/>	For-Profit	<input type="checkbox"/>	
Number of Years in Operation:		2			

**2. Eligibility Categories (Select One) 3. Priority Area (Select One)**

<input type="checkbox"/>	Prevention	X	Recovery
<input type="checkbox"/>	Treatment	<input type="checkbox"/>	Harm Reduction

**5. Cost Estimates and Program Funding**

<input type="checkbox"/>	Youth Engagement
<input type="checkbox"/>	Workforce Development
X	Recovery Services Expansion
<input type="checkbox"/>	Stigma Reduction
<input type="checkbox"/>	Naloxone Training & Education

**4. Population(s) Served (Select All)**

<input type="checkbox"/>	Children 0-3	X	Young Adults 19-25
<input type="checkbox"/>	Children 4-12	X	Adults 25-62
X	Teens 13-18	<input type="checkbox"/>	Seniors 63+

Provide an estimated program cost, amount of Opioid Settlement funds to be requested and sources, amounts and dates secured for all anticipated cash matching funds. **A 25% cash match of the total funding award is recommended. Match amounts may come from any public or private source dependent upon Federal Funding requirements.**

Total Estimated Program Cost:	\$74500	Opioid Settlement Fund Request:	\$55875
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Funding Source	Amount	Date Secured
Public Fundraising	25350	09/20/25

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<b>% of Funds to be used for Direct Service(s)</b>	<b>70</b>
<b>% of Funds to be used for Indirect Service(s)</b>	<b>30</b>

**6. Program Information**

Provide a clear, concise description of the proposed program using the space below. The scope of work should be very specific in identifying how the funds will be used to meet the Maine State Subdivision Memorandum of Understanding and Agreement Regarding Use of Settlement Funds within eligible activity categories. For existing programs, describe the service, how it has been financed thus far, and why these funds are needed now. For new programs, describe the intent of the service, how the funds will be used, and how the program will be sustained. **Maximum of 1000 words.**

*1st Mile Recovery Center offers services for people in recovery, affected others and any recovery allies. The center hosts CJS Grief support group on Mondays and also Men’s Bible Study, on Tuesdays we have Narcotics Anonymous, Wednesdays we have Adult Children of Alcoholics, Thursday is Smart Recovery and on Fridays we have a Community Meal for all the public. Also once a month we host Teen Talk. Meetings are chaired by graduates of Recovery Coach Academy with lived experience with exception of Mens Bible Study.*

*Continuing to secure funding for 1st Mile Recovery Center is crucial to sustain and continue to grow the center in Fort Kent Maine. Michael’s Active Recovery, organized in December of 2023, has enhanced awareness of treatment options and improved access by linking individuals to resources such as outpatient detox, rehabilitation programs, medication-assisted treatment, peer recovery coaching, and support groups.*

*This center is open 40 or more hours a week with certified coaches who have all taken Recovery Coach Academy and have lived experience. To ensure our center will remain open to the community, funding is essential. Recovery coaching is support for people with addictions or in recovery from alcohol, drugs, codependency, or other addictive behaviors as well as affected others. Recovery coaching is a concept that has emerged over the last couple of years and is proven to be effective for individuals seeking help in a stigmatized category such as opioid misuse. Individuals often prefer talking to someone who has been in their shoes, over a Doctor or therapist without lived experience. This applies to people who suffer from OUD as well as the family and friends of those in recovery or struggling with their use.*

*Michael’s Active Recovery will have the first recovery residence in the St.John Valley. Opening in October of 2025, it is crucial for the residents of this house to have a center in close proximity that is open regularly with daily meetings. The center will provide a place for*

***the residences to give back to the community, volunteer, seek employment, or further their education.***

***Through the funding of this grant we will be able to continue to pay an employee to keep things organized and aid in securing more funding through grant writing and fundraising efforts. This grant would also help in paying the lease, phone, internet, and utilities. Funds will also be used for supplies, and also help continue to pay for the Recovery Data Program.***

What barriers currently hinder program development and implementation and how will these barriers be overcome?

The largest barrier hindering this program is lacking funds to continue to keep someone employed as the manager at the center. Most of our volunteers all have jobs limiting their availability. It is necessary to pay a liveable wage to an individual managing the 1st Mile Recovery Center. Some volunteers are in early recovery and it isn't realistic to ask them to commit to 40 hours a week without pay. Recovery coaching is a non billable service. Grants and donations are the best way to overcome this barrier given we cannot charge for services. 1st Mile Recovery Center is currently running on a grant from Aroostook County Taskforce, and have applied to other grants that we are waiting to hear from. We also do two fund raising events a year. We charge rent for meetings for our center. We have several businesses that donate or discount items such as food and soda, water to the center.

How will the effectiveness of the program be determined?

The effectiveness of this program will be determined through a combination of qualitative and quantitative data. Key performance indicators will include successful program completion rates, and improvements in clients' mental health and substance use outcomes, as assessed through standardized assessments and follow-up evaluations. Additionally, client feedback, staff evaluations, and community will provide qualitative insights into the program's effectiveness. Regular data analysis will be conducted to monitor progress, identify areas of improvement, and ensure that the program's goals align with the intended outcomes of the grant. We use the Recovery Data Platform to track progress. We use forms such as a Brief Assesments of Recovery Capital and individuals set goals to reach depending on what stage of their recovery they're at.

### **Applicant Certifications**

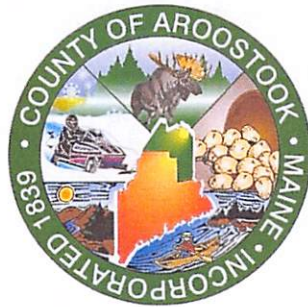
- a. To the best of my knowledge and belief, the information in this Letter of Intent and all attached documentation is true and correct; and

b. This Letter of Intent complies with all applicable State and Federal laws and regulations; and

c. Approval of this Letter of Intent by the County to submit a final application does not imply final project approval or funding.

Danielle Forino	DocuSigned by: <i>DANIELLE FORINO</i> <small>B293AC7461E947A...</small>	Michael's Active Recovery	09/29/25
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Signature of Authorized Person Name of Organization Date



*Aroostook County Commissioners' Office  
Aroostook County  
144 Sweden Street, Suite 1  
Caribou, Maine 04736*

## **AROOSTOOK COUNTY OPIOID SETTLEMENT FUND LETTER OF INTENT**

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Limit of one LOI/Application per applying entity.

If approved, the project priority area chosen on the LOI, must be the same as the subsequently submitted Application for funding.

**Opioid Settlement Funding Letter of Intent**

**1. Applicant Information**

Agency/Organization:	Mi'kmaq Nation	Phone:	207-764-4756
Address:	8 Northern Road	Fax:	207-540-1091
City/Zip:	Presque Isle 04769	Email:	jacquelyn.poulin@ihs.gov
Contact Person:	Jacquelyn.poulin@ihs.gov	Title:	Behavioral Health Director

**Type of Agency/Organization (Select One):**

<input type="checkbox"/> Public	<input type="checkbox"/> Private	<input type="checkbox"/> Government
<input checked="" type="checkbox"/> Non-Profit	<input type="checkbox"/> For-Profit	
Number of Years in Operation:	32	

**2. Eligibility Categories (Select One)**

<input type="checkbox"/> Prevention	<input type="checkbox"/> Recovery
<input type="checkbox"/> Treatment	<input checked="" type="checkbox"/> Harm Reduction

**3. Priority Area (Select One)**

<input type="checkbox"/>	Youth Engagement
<input type="checkbox"/>	Workforce Development
<input type="checkbox"/>	Recovery Services Expansion
<input type="checkbox"/>	Stigma Reduction
<input checked="" type="checkbox"/>	Naloxone Training & Education

**4. Population(s) Served (Select All)**

<input type="checkbox"/> Children 0-3	<input checked="" type="checkbox"/> Young Adults 19-25
<input type="checkbox"/> Children 4-12	<input checked="" type="checkbox"/> Adults 25-62
<input checked="" type="checkbox"/> Teens 13-18	<input checked="" type="checkbox"/> Seniors 63+

**5. Cost Estimates and Program Funding**

Provide an estimated program cost, amount of Opioid Settlement funds to be requested and sources, amounts and dates secured for all anticipated cash matching funds. ***A 25% cash match of the total funding award is recommended. Match amounts may come from any public or private source dependent upon Federal Funding requirements.***

Total Estimated Program Cost:	\$50,000	Opioid Settlement Fund Request:	\$50,000
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Funding Source	Amount	Date Secured

% of Funds to be used for Direct Service(s)	42,500
% of Funds to be used for Indirect Service(s)	7,500

## 6. Program Information

Provide a clear, concise description of the proposed program using the space below. The scope of work should be very specific in identifying how the funds will be used to meet the Maine State-Subdivision Memorandum of Understanding and Agreement Regarding Use of Settlement Funds within eligible activity categories. For existing programs, describe the service, how it has been financed thus far, and why these funds are needed now. For new programs, describe the intent of the service, how the funds will be used, and how the program will be sustained. **Maximum of 1000 words.**

Mi'kmaq Nation has a currently established and functioning peer recovery program which includes two full time staff members; a peer recovery coordinator and a peer recovery support staff. We are currently seeking a part time peer recovery support staff member as the program continues to expand. This program exists as a part of the larger Behavioral Health Program known as Ankweyasín, which means "taking care of yourself" in Mi'kmaq. This was the name voted on by the community. Our funding includes the Tribal Opioid Response (TOR) grant through SAMHSA which is a 5 year grant with the first year beginning on 9/30/2024 and Opioid Abatement/Litigation funds. As an organization which is built in response to Tribal community request, our programs are driven by demonstrated need and direction from our leaders, community, and specifically individuals who are directly or indirectly affected by substance use disorder.

During the first year of our current TOR grant cycle (9/30/24-present) our substance use disorder counselors saw a total of 40 unduplicated individuals for a total of 564 substance use/affected other sessions. Although this is a strong number for a program supporting a small community, we have been consistently getting feedback that there are needs that would be best supported by less formal services. These needs include, but are not limited to, increased naloxone access, transportation support to detox, rehab, ongoing outpatient services, as well as access to hygiene products and basic necessities.

Our peer program has grown substantially since its inception in 2023. For example our total peer engagements in 2024 (including both formal and informal recovery services) was 1504. Already in 2025, we have had 2659 peer engagements. In March of 2024 we received a Naloxone vending machine. As time has passed and we have seen additional needs in our community, we have added additional harm reduction items to this machine. Additional products include phone chargers, hygiene kits, condoms, and basic food items. In 2024, we distributed 390 doses of naloxone through face to face training and 24/7 access to the vending machine. So far in 2025, we have distributed 190 doses.

Tribal housing spans from Connor, to Caribou, Presque Isle, and all the way to Littleton. This distance can create risks, especially in relation to time for EMT's to respond to potential overdoses. Currently efforts include the future installation of more Naloxoboxes, door to door training opportunities, and transportation to higher level of care. With the increase of distance, we need more time allotted by our peer recovery staff due to travel time and increase of need.

Our project strategy is to expand an already successful outreach program to reach even more individuals in locations outside of the central Aroostook area. This will assist in decreasing inequities that exist due to distance, and increase harm reduction efforts to community members who need the assistance.

What barriers currently hinder program development and implementation and how will these barriers be overcome?

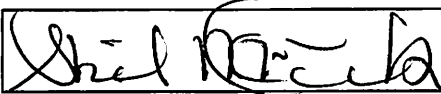
Current barriers include challenges with our TOR grant at the federal level. Priorities have shifted under the current administration to create barriers for activities associated with "harm reduction". Funding that was previously quite stable has become increasingly instable and less reliable. While we are a very stable program overall, these changes have created some challenges in providing additional support to our community members including distribution of naloxone and testing strips. We are working through those barriers by continuing to communicate with our SAMHSA grant coordinator to ensure we continue to be in compliance with changing standards and by seeking alternative funding opportunities to allow us to offer these crucial services to the community.

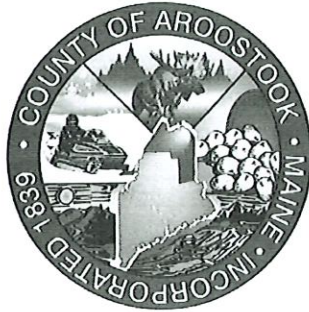
How will the effectiveness of the program be determined?

Effectiveness will be measured by several factors including increased Naloxone Distribution numbers, increased number of hygiene closet access and delivery and a decreased number of overdose rates in Aroostook County. We will be able to show success by an increased amount of peer contacts with our two times per month connections with both Connor and Littleton Communities.

### Applicant Certifications

- a. To the best of my knowledge and belief, the information in this Letter of Intent and all attached documentation is true and correct; and
- b. This Letter of Intent complies with all applicable State and Federal laws and regulations; and
- c. Approval of this Letter of Intent by the County to submit a final application does not imply final project approval or funding.

	Mi'kmaq Nation	9/22/2025
Signature of Authorized Person	Name of Organization	Date



*Aroostook County Commissioners' Office  
Aroostook County  
144 Sweden Street, Suite 1  
Caribou, Maine 04736*

**AROOSTOOK COUNTY OPIOID SETTLEMENT FUND  
LETTER OF INTENT**

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Limit of one LOI/Application per applying entity.

If approved, the project priority area chosen on the LOI, must be the same as the subsequently submitted Application for funding.



# Opioid Settlement Funding Letter of Intent

## 1. Applicant Information

Agency/Organization:	Northern Maine Wellness Clinic	Phone:	207-436-5195
Address:	Po Box 415	Fax:	N/A
City/Zip:	Van Buren, ME 04785	Email:	myles.p.ouellette816@gmail.com
Contact Person:	Myles Ouellette	Title:	Owner

### Type of Agency/Organization (Select One):

<input type="checkbox"/> Public	<input type="checkbox"/> Private	<input type="checkbox"/> Government
<input type="checkbox"/> Non-Profit	<input checked="" type="checkbox"/> For-Profit	
Number of Years in Operation: <input type="text" value="4"/> Not in operation yet.		

## 2. Eligibility Categories (Select One)

<input type="checkbox"/> Prevention	<input type="checkbox"/> Recovery
<input checked="" type="checkbox"/> Treatment	<input type="checkbox"/> Harm Reduction

## 3. Priority Area (Select One)

<input type="checkbox"/>	Youth Engagement
<input type="checkbox"/>	Workforce Development
<input checked="" type="checkbox"/>	Recovery Services Expansion
<input type="checkbox"/>	Stigma Reduction
<input type="checkbox"/>	Naloxone Training & Education

## 4. Population(s) Served (Select All)

<input type="checkbox"/> Children 0-3	<input checked="" type="checkbox"/> Young Adults 19-25
<input type="checkbox"/> Children 4-12	<input checked="" type="checkbox"/> Adults 25-62
<input type="checkbox"/> Teens 13-18	<input checked="" type="checkbox"/> Seniors 63+

## 5. Cost Estimates and Program Funding

Provide an estimated program cost, amount of Opioid Settlement funds to be requested and sources, amounts and dates secured for all anticipated cash matching funds. **A 25% cash match of the total funding award is recommended. Match amounts may come from any public or private source dependent upon Federal Funding requirements.**

Total Estimated Program Cost:	\$ 849,000.00	Opioid Settlement Fund Request:	\$ 75,000.00
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Funding Source	Amount	Date Secured
Maine Recovery Council	500,000.00	Nov. 12, 2024
Personal fund	100,000.00	used over the last year
Aroostook County Opioid Settlement funds	50,000.00	March 6, 2025

% of Funds to be used for Direct Service(s)	100%
% of Funds to be used for Indirect Service(s)	0%

## 6. Program Information

Provide a clear, concise description of the proposed program using the space below. The scope of work should be very specific in identifying how the funds will be used to meet the Maine State-Subdivision Memorandum of Understanding and Agreement Regarding Use of Settlement Funds within eligible activity categories. For existing programs, describe the service, how it has been financed thus far, and why these funds are needed now. For new programs, describe the intent of the service, how the funds will be used, and how the program will be sustained. **Maximum of 1000 words.**

See Attached.

What barriers currently hinder program development and implementation and how will these barriers be overcome?

See Attached.

How will the effectiveness of the program be determined?

See Attached.

## Aroostook County Opioid Settlement Funds Letter of Intent

The Northern Maine Wellness Clinic will be a Comprehensive Outpatient Treatment Program (OTP) that will combat the Opioid Crisis by providing several treatment options that include Medication Assisted Treatment with Methadone, Suboxone, Sublocade and Vivitrol paired with Cognitive Behavioral Therapy and Motivational Interviewing. We will provide education about Medication Assisted Therapy. We will also offer Abstinence based Counseling services for folks who do not want MAT or who graduate from MAT services, but still need the counseling aspect. We will offer a Comprehensive Treatment Model of Care, which will include Mental Health Counseling, Case Management and Coordination of Care, under the same roof. We will do this offering sustainable, evidence-based, patient-centric, best practice quality of care, based on the most up-to-date research. We will operate in Van Buren, Maine, which is one of the most rural parts of the State of Maine, to ensure accessibility of evidence based, low barrier treatment to people who constantly struggle with transportation barriers. NMWC will offer transportation services, where we will actually pick up our patients for treatment and return them when they are finished.

Aroostook County has very little to no resources compared to the rest of the State of Maine and often gets overlooked due to the 60,000 or so population spread amongst a vast geography. We are often called, "The Other Maine". There is only one other OTP Program in Aroostook County, and they do not offer the services mentioned above that the Northern Maine Wellness Clinic will offer. We will accept MaineCare, insured folks and people who are uninsured and/or underinsured. We will partner with local Recovery Centers, Recovery Residences, Non-Profits as well as health care programs and grassroots organizations throughout Aroostook County to ensure the best quality of care. This is not a Competition to us. We are a company run by individuals who are personally affected by Big Pharma and the Opioid Crisis. We are committed to saving people's lives by offering treatment to people who, because of geographical or financial barriers, do not get the treatment they need/deserve and are dying on a weekly basis due to the lack of evidence-based comprehensive services.

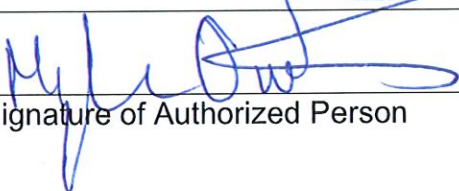
The Northern Maine Wellness Clinic project includes the remodel of a building we purchased in December of 2023 into an Outpatient Clinical setting, located in rural Northern Maine, where not many treatment options are available. We expect to serve up to 20 patients within the first month, 50 patients by 6 months, 100 patients by the end of the first year and up to 200 patients by the end of year two. We are asking for funding to help us with the remodel, staffing and startup costs. After our first year, we will achieve sustainability by accepting patients with Mainecare, private insurance and self-pay. We will offer grant slots for those individuals who do not fit into any of these categories, to ensure they receive a fair chance of treatment. We know that we are not a big organization and will not be serving thousands of people, however we will thrive by offering a small, compassionate and close nit environment that fosters forgiveness, collaboration and community engagement. Our patients will not be another number. We will make sure that our Counselor to Patient ratio does not exceed 50-1, where most Outpatient Clinics are often 100 patients or more to 1 Counselor. This where burn out happens, which leads to being short staffed and patients not receiving the care they deserve. We are not in this for a paycheck. All of us on our team have been affected by the Opioid Crisis in some way. We have all lost loved ones and are angry with the current Opioid situation. Our team will work together to create a family-like environment where people are comfortable coming to work, and patients feel proud of entering treatment. We will

create an environment where people will be excited about coming to the Clinic, not embarrassed. We will create an environment where people are proud of their recovery and who they've become. With the support of our community, we will work to squash the stigma behind opioid addiction. This is how we will succeed in abating the Opioid Crisis.

Lifeline, Addiction and Recovery Services, LLC has already started working on the Northern Maine Wellness Clinic Project. The building has been purchased and bought outright, so there is no mortgage on the building. We have worked with the Van Buren Town Office and Town Manager Luke Dyer to obtain an occupancy permit for doing business, which we currently have. NMWC met with a Licensed Drafter to create an architectural building plan that has been approved by the fire marshal. We have completed our Demolition phase and are around 80% completion of the building portion of the project. Per our update to the Aroostook County Opioid Settlement Fund Task Force a few weeks back, we need to complete the exterior of the building with siding, finalize all plumbing, heating and electrical aspects, install a state-of-the-art security system and build a garage for our vehicles that will be transporting patients. We estimate completion of the building portion of the project to be completed by Thanksgiving. Once completed, we will hire a Clinic Director to help us with the licensing process, which can take up to 6 months. Our estimated date of opening is sometime in the early Spring of 2026.

### Applicant Certifications

- a. To the best of my knowledge and belief, the information in this Letter of Intent and all attached documentation is true and correct; and
- b. This Letter of Intent complies with all applicable State and Federal laws and regulations; and
- c. Approval of this Letter of Intent by the County to submit a final application does not imply final project approval or funding.

	Northern Maine Wellness Clinic	9/22/25
Signature of Authorized Person	Name of Organization	Date